

Deepwater

STARTING JANUARY 1ST

CLASS SCHEDULE CARDIO KICKBOXING

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-10am		Cardio Kickboxing		Cardio Kickboxing		
10:30-11:30am						Cardio Kickboxing
4-5pm	Youth Striking		Youth Striking		Youth Striking	
5-6pm	Cardio Kickboxing		Cardio Kickboxing		Cardio Kickboxing	